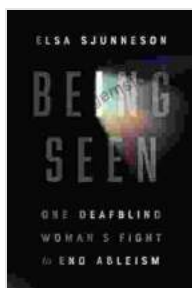


# One Deafblind Woman's Fight to End Ableism

For nearly 20 years, Haben Girma has been fighting to end ableism, the discrimination and social prejudice against people with disabilities. Girma's own experiences with discrimination as a deafblind woman have fueled her passion for this work.

Girma was born in Eritrea and moved to the United States with her family when she was a young child. She was born with retinitis pigmentosa, which caused her to lose her sight gradually. By the time she was 11 years old, she was completely blind. She also has Usher syndrome, which causes hearing loss.



## Being Seen: One Deafblind Woman's Fight to End

**Ableism** by Elsa Sjunneson

★★★★☆ 4.7 out of 5

Language : English  
File size : 2537 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
X-Ray for textbooks : Enabled  
Word Wise : Enabled  
Print length : 287 pages  
Screen Reader : Supported



Despite her disabilities, Girma has gone on to achieve great things. She graduated from Harvard Law School in 2013 and is now a lawyer and disability rights advocate. She is also a public speaker and has written two

books, "Haben: The Deafblind Woman Who Conquered Harvard Law" and "The Meaning of Disability."

Girma's work has had a significant impact on the lives of people with disabilities. She has helped to change laws and policies that discriminate against people with disabilities. She has also helped to raise awareness of the challenges that people with disabilities face.

Girma is a powerful voice for the disability rights movement. She is an inspiration to people with disabilities and to everyone who believes in the power of inclusion.

### **Girma's work to end ableism**

Girma's work to end ableism has taken many forms. She has worked to change laws and policies that discriminate against people with disabilities. She has also worked to raise awareness of the challenges that people with disabilities face.

One of Girma's most significant accomplishments was her work on the Americans with Disabilities Act (ADA). The ADA is a landmark piece of legislation that prohibits discrimination against people with disabilities in employment, housing, public accommodations, transportation, and other areas.

Girma worked with members of Congress to ensure that the ADA included strong protections for people with disabilities. She also worked to educate the public about the ADA and its importance.

In addition to her work on the ADA, Girma has also been involved in other efforts to end ableism. She has worked to improve access to education for students with disabilities. She has also worked to increase employment opportunities for people with disabilities.

Girma's work has made a real difference in the lives of people with disabilities. She is a true pioneer in the disability rights movement.

### **Challenges facing people with disabilities**

People with disabilities face a number of challenges in their daily lives. These challenges can include:

- Discrimination
- Lack of access to education and employment
- Transportation challenges
- Lack of affordable housing
- Health care disparities

These challenges can make it difficult for people with disabilities to live full and independent lives.

### **What can you do to help end ableism?**

There are a number of things that you can do to help end ableism. Here are a few ideas:

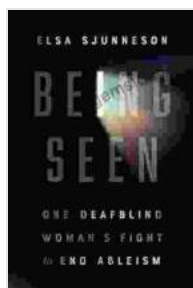
- Educate yourself about disability issues.
- Challenge stereotypes and prejudices about people with disabilities.

- Support organizations that are working to end ableism.
- Be an ally to people with disabilities.

By taking these steps, you can help create a more inclusive and equitable world for people with disabilities.

Haben Girma is a powerful voice for the disability rights movement. She is an inspiration to people with disabilities and to everyone who believes in the power of inclusion. Her work has made a real difference in the lives of people with disabilities.

We can all learn from Girma's example and work to end ableism. By educating ourselves about disability issues, challenging stereotypes and prejudices, and supporting organizations that are working to end ableism, we can create a more inclusive and equitable world for everyone.



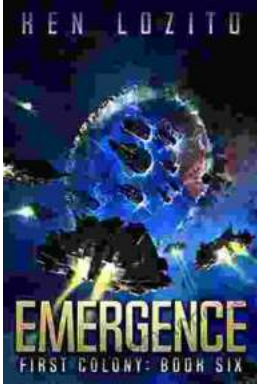
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